



SolarisCare
Integrated care for cancer



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Applause for healing hands

FOR the past five years, Belmont resident Nicolette Madry has dedicated time each week to helping cancer patients cope with pain.

Using craniosacral therapy, she works on patients' lower backs, necks and heads to ease the pain and discomfort often experienced during treatment.

The gentle massage is part of several complementary therapies offered at the Solaris Care Centre at Sir Charles Gairdner Hospital.

Nicolette said she started volunteering at the centre after learning the hospital was getting involved in complementary medicine.

"I love working with the patients and hearing their stories as well as helping to ease their discomfort, whether it is pain or stress related," she said.

Nicolette's dedication was recently rewarded when she received a certificate of appreciation as one of only five people to have continually volunteered at the centre since it opened.

Nicolette Madry has received a certificate of appreciation for her work at Sir Charles Gairdner Hospital. Picture: Andrew Ritchie